

WEEKDAY RIDE START TIME BY MONTH & RIDE DESCRIPTIONS

If the official high temperature is 100 or above the ride will start one hour earlier

January - 9:00 am	February - 9:00 am	March - 9:00 am	April - 8:30 am
May - 8:00 am	June - 7:30 am	July - 7:00 am	August - 7:00 am
September - 8:00 am	October - 8:30 am	November - 9:00 am	December - 9:00 am

Ride Name/Description	Route URL	Miles	Elev Gain
Ride #01 City of Shasta Lake clockwise Start at Sundial Bridge Parking Lot Shasta Lake City via River trail Keswick, Lake Blvd Dam loop. Rtn Ops. Cascade or Union School Road back to Dana/downtown 34.0 miles/C/B-.	https://ridewithgps.com/routes/38148123	34.0	1,810
Ride #02 Palo Cedro counter clockwise Start at Sundial Bridge Parking Lot Palo Cedro via Cypress, Victor, Rancho, Old Oregon Trail, Old 44 Rtn: Old 44, Swede Creek, Deschutes, Old Alturas Dana to downtown 31.6 miles/C.	https://ridewithgps.com/routes/38148141	31.6	1,057
Ride #03 Anderson counter clockwise Start at Sundial Bridge Parking Lot Olinda/ Anderson via Freebridge, Eastside, Girvan, 273 Canyon, China Gulch to Anderson Burger King Rtn: North St. across Sacramento River Churn Creek, Bonnyview, Eastside with stop at Starbucks 39.5 miles/C.	https://ridewithgps.com/routes/38129163	39.5	825
Ride #04 Old Shasta counter clockwise Start at Sundial Bridge Parking Lot Old Shasta via Old Stage Rd Rtn: Red Bluff Rd. Swasey The neighborhood Texas Springs, Honeybee, Clear Creek, Girvan and Eastside w/ Igo option, with stop at Bonnyview Starbucks 28.5 miles/B.	https://ridewithgps.com/routes/38148148	28.5	1,297
Ride #05 Jones Valley Store clockwise Start at Sundial Bridge Parking Lot Jones Valley Store via Dana/downtown Churn Creek, College View, Old Oregon Trail, Bear Mtn Rtn: Dry Ck. Deschutes, Old Alturas, Browning, Dana/downtown 32.5 miles/C+/B.	https://ridewithgps.com/routes/38148149	32.5	1,579
Ride #06 Millville Plains clockwise Start at Sundial Bridge Parking Lot Millville Plains via Cypress, Hartnell, Old 44, to Palo Cedro Rtn: Millville Plains, Dersch, Churn Creek Bonnyview, Eastside Road w/Oak Run option 38.4 miles/C+.	https://ridewithgps.com/routes/38157618	38.4	1,042
Ride #07a Keswick Dam Loop, CCW, Start at Sundial Bridge Parking Lot 32.4 mi. 1726 ft.	https://ridewithgps.com/routes/40180326	32.4	1,726
Ride #07b Keswick Dam Loop, CCW (Alternate- No Valparaiso) , Start at Sundial Bridge Parking Lot 29.5 miles 1345 feet.	https://ridewithgps.com/routes/40180345	29.9	1,345
Ride #08 Igo/Ono Clockwise Start at Sundial Bridge Parking Lot Igo/Ono via Freebridge, Eastside, Girvan, Clear Creek to Igo/Ono, w/ Zogg, Rainbow Lake Option Rtn: Placer, Buenaventura, 299, West St. Court St. to River Trail 41.6 miles/C+/B.	https://ridewithgps.com/routes/38159723	41.6	2,085
Ride #09 Bridge Bay Clockwise Start at Sundial Bridge Parking Lot Bridge Bay via Dana downtown Hilltop, Twin View, Cascade, Union School, Old OR Tr. Wonderland, I-5 Rtn; I-5, Wonderland Blvd Collyer, Churn Ck, Canby, Dana/downtown 35.1 miles/C+..	https://ridewithgps.com/routes/38159724	35.1	1,706
Ride #10 Old Shasta clockwise Start at Sundial Bridge Parking Lot Old Shasta via Branstetter, TX Springs, Placer, Taylor, Prospect, Mtn. Shadows, Middletown Pk, Swasey, Red Bluff Rd. Rtn: Granite, Rock Cr., Iron Mtn, Middle Cr, River Trail 30.5 miles/C+.	https://ridewithgps.com/routes/38159726	30.5	1,638
Ride #11 Shasta Dam/City of Shasta Lake clockwise. Start at Sundial Bridge Parking Lot Shasta Lake via the River Trail to Shasta Dam, Centimudi ,Shasta Dam Blvd. Rtn: Cascade, Pine Grove, Twin View, Churn Creek 33.4 miles/B.	https://ridewithgps.com/routes/38159727	33.4	1,778

Ride #12 End of Iron Mountain Rd counter clockwise Start at Sundial Bridge Parking Lot End of Iron Rd. via River Trail Rtn: Iron Mountain, Rock Creek, Granite, to Old Shasta backside of Swasey, Placer, Texas Springs 35.7 miles/B/B+.	https://ridewithgps.com/routes/40182351	35.7	2,206
Ride #13 City of Shasta Lake counter clockwise Start at Sundial Bridge Parking Lot Shasta Lake City via Dana/downtown from east side to Akrich stop @ McDonalds Rtn: Lake, Quartz Hill, Keswick, River Trail w/Dam loop 34.1 miles/B-.	https://ridewithgps.com/routes/40172747	34.1	1,962
Ride #14 Palo Cedro clockwise Start at Sundial Bridge Parking Lot Dana to downtown Browning, Old Alturas, Deschutes, Swede Cr, Old 44 Rtn: Old 44, Airport Rd. Old Oregon Trail, Rancho, Victor, Hartnell Cypress w/ Oak Run option 31.2 miles/C+/B.	https://ridewithgps.com/routes/40172744	31.2	1,101
Ride #15a Keswick Dam Loop, CW, Start at Sundial Bridge Parking Lot 32.4 miles 1726 feet.	https://ridewithgps.com/routes/40182398	33.8	1,772
Ride #15b Keswick Dam Loop, CW (Alternate- No Valparaiso) , Start at Sundial Bridge Parking Lot 29.5 miles 1345 feet.	https://ridewithgps.com/routes/40182409	31.3	1,392
Ride #16 Anderson clockwise Start at Sundial Bridge Parking Lot Olinda/Anderson via Cypress, Hartnell,Victor, Churn Cr. No./So Streets to Olinda Rtn: Olinda, China Gulch w/ Clear Creek and Igo Option 37.9 miles/C-B.	https://ridewithgps.com/routes/40172736	37.9	855
Ride #17 Old Shasta clockwise Start at Sundial Bridge Parking Lot Old Shasta via Eastside, Girvan, Clear Creek, Honeybee, TX Springs, Placer, Taylor, Prospect, Mtn. Shadows, Middletown Park, Swasey, Red Bluff Rd Rtn.: 299 to Middle Cr (Old Stage Rd) across Iron Mt. Rd to River Trail 29.0 miles/C.	https://ridewithgps.com/routes/40182437	29.0	1,323
Ride #18 Jones Valley counter clockwise Start at Sundial Bridge Parking Lot Jones Valley Store/Marina via Dana/downtown, Browning, Old Alturas, Deschutes, 299, Dry Creek Rtn: Bear Mtn, Old Oregon Trail, Collyer 32.6 miles/C/B.	https://ridewithgps.com/routes/40182452	32.6	1,577
Ride #19 Millville counter clockwise Start at Sundial Bridge Parking Lot Millville Plains via Cypress, Hartnell, Victor, Churn Ck, Dersch, Millville Plains Old 44 Rtn: Old 44, Airport Rd, Hartnell, Cypress 36.6 miles/C+/B.	https://ridewithgps.com/routes/40182456	36.6	1,067
Ride #20 Igo/Ono counter clockwise Start at Sundial Bridge Parking Lot Igo/Ono via River Trail to Placer Rtn: Clear Ck, Girvan, Eastside w/ Zogg Mine option 40.5 miles C+/B+	https://ridewithgps.com/routes/40182468	40.5	2,077
Ride #21 Bridge Bay counter clockwise Start at Sundial Bridge Parking Lot Bridge Bay via Dana/ downtown Churn Ck, Collyer,Old Ore Trail Wonderland I5 to Bridge Bay Rtn: I5 Wonderland Union School Cascade, Pine Grove Twin View, Churn Creek, Canby, Dana/downtown 35.0 Miles/C+..	https://ridewithgps.com/routes/40182471	35.0	1,656
Ride #22 Old Shasta counter clockwise Start at Sundial Bridge Parking Lot Old Shasta via River Trail Middle Ck, Iron Mt. Rx Creek ,Granite Rtn: Red Bluff to backside of Swasey, Middletown Pkwy, Mtn. Shadows, Prospect, Taylor, Placer, TX Springs, with Iron Mtn Gate option 30.4 miles/ C.	https://ridewithgps.com/routes/40182474	30.4	1,643
Ride #23 Shasta Dam/City of Shasta Lake counter clockwise Start at Sundial Bridge Parking Lot Shasta Lake City via Dana/ downtown, Churn Creek, Twin View, Pine Grove, Cascade, Shasta Dam Blvd w/ stop for coffee Rtn: Centimudi across Dam to river trail Multiple dam loop options 33.4 miles/B-.	https://ridewithgps.com/routes/40182480	33.4	1,773
Ride #24 End of Iron Mountain Rd to gate clockwise Start at Sundial Bridge Parking Lot Freebridge, Eastside to 273,El Reno, Cedars, Bransetter, TX Springs, Placer, Swasey, Red Bluff, Old Shasta, Granite, Iron Mtn Rd to end Rtn: River Trail @ RockCrk 38.0 miles/B.	https://ridewithgps.com/routes/40182489	38.0	2,362