



# Matrix

The Official Publication of the Shasta Wheelmen Bicycle Club

To maximize the love of cycling while building a safe cycling culture for all of Shasta County

**APRIL  
2024**

**2024 OFFICERS & BOARD**

**President**

Jim Bush  
916-846-1902

**Vice President**

Craig Collins  
530-491-3867

**Treasurer**

Lisa Creps  
805-338-2568

**Secretary**

Nancy Cook  
760-217-2085

**Past President**

Doug Holt  
530-246-7429

**STAFF**

**Membership Chairman**

John Simmons  
530-227-7951

**Matrix Editor**

Nancy Rudd  
530-356-9724

**Ride Schedule**

Rich Robinson  
530-604-4371

**Statistician**

Nolan Randall  
530-244-3558

**Web Master**

Nolan Randall  
530-244-3558

**Email Contact**

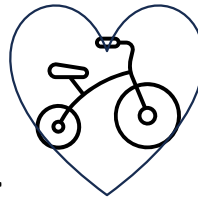
info@shastawheelmen.org  
Club meetings are held on  
the first Monday of each  
month,  
6:00 p.m. at Lulu's



# Welcome New Members

Warner	Josephine	Shasta Lake
Pecaut	Debra	Mt Shasta
Dorken	Brad	Mt Shasta
Utterback	Dean	Corning
Dottle	Jay	Trinity Center
Small	Scott	Redding

Strength in numbers! Encourage your friends, family, and coworkers to join the Wheelmen Club. We welcome all ages and skill level; and Spring is the perfect time to get out on a bike and explore the area with friendly, fun, skilled cyclists.



## May Love to Ride 2024

Here is a summary of the May Love to Ride events. Wheelmen volunteers are needed. [Sign-ups to help with these events will be at our April meeting.](#) This is a great opportunity to support biking in our community and grow our membership.

### Bike Valet Parking

- April 20, Earth Day. Caldwell Park
- April 25, Bike Month Kickoff
- May 17, Asphalt Cowboy Pancake Breakfast
- June 7, End of Bike Month Celebration

### Other Events

- May 18, Sports LTD Bike Swap. We will be renting two booths.

### Wheelmen Sponsored Rides

- May 1, Wednesday night ride
- May 5, Women, Wheels, and Wine Ride
- May 8, Wednesday night ride
- May 15, Ride of Silence
- May 22, Wednesday night ride
- May 25, President's Low and Slow
- May 29, Wednesday night ride

*Jim Bush, President*



*Refreshments!*



## Club Name Change

Would you like the Shasta Wheelmen name to stay? Or do you prefer a name change to reflect a more inclusive sounding club? If you have not taken the time to vote, please do so as soon as possible, we'd really like to see at least half of the Club weigh in on such an important issue. And please only vote once.

## [SURVEY LINK](#)

*Craig M. Collins, Vice President*



*March 20- After Work Weds Rides have commenced! Rides start at the Bike Depot*



*March 14 Fawndale Ride- Tim Goodman provided goodies and coffee at the turnaround. Thanks Tim, and welcome back home!*



## **\*NEW\* Metric Double Challenge**

Introducing something new this year to help motivate us to keep those wheels spinning!

Complete a Dozen (12) 100Ks which is 63 miles within the “Challenge” time frame of March 1 till February 28, 2025. Rides must be outside on the road and completed within the 12-hour time limit. The cost is included in the Trifecta Challenge fee. So, come join Teddy, Elise, and Trig (we have one down eleven to go) for the Shasta Wheelmen “Metric Double Challenge”! 😊🚴

*-Trig Birkeland*



### **Shasta Wheelmen 2024/2025 Trifecta Challenge What a great way to set your New Years' cycling goals!**

Signup for the Wheelmen Trifecta Challenge! Ride three challenge distance rides -63 miles Metric Century, 100 miles Full Century; or for a real challenge, 200 miles Double Century.

**63**

Time period starting March 1, 2024, and ending February 28, 2025 (a whole year 😊). Each century ride is to be completed within a 12-hour time frame. All rides must also be completed outdoors on the open roads. All results are to be recorded on Strava and logged on the Wheelmen Year to Date mileage log.

**100**

Cost: Wheelmen Members \$30.00 Non-Members \$60.00 (includes one year membership). Cost is the same for either the 63, 100, or 200 mile option. This fee also includes the “Metric Double Challenge”.

Upon completion of any of the challenges, a special Wheelmen Trifecta Jersey will be available for purchase by the participant. In addition, a Trifecta Patch will be awarded by the club to signify the challenge distance completed. There will be available Wheelmen ride routes listed on the webpage as well as upcoming out of area rides that would meet the challenge requirements.

**200**

For information, contact Trig Birkeland at [birk52@yahoo.com](mailto:birk52@yahoo.com) or 650 245-1353

*Trig Birkeland*

## President's Message



Hello Wheelmen!

It's April and our club meeting will be on April Fool's Day, Monday April 1. There have been some nice riding days at the end of March with sunshine and warmth. Large numbers of Wheelmen have shown up. We cannot ask for anything better!

Craig Collins started his 5:30 pm Wednesday evening rides. This is perfect for new riders and members that are still working and cannot make the Tuesday and Thursday rides. These are primarily beginning rides, but the route will be tailored for who shows up. It will be starting at the Shasta Bike Depot located at California and Shasta Streets in downtown Redding.

The Get Acquainted Rides have moved to Saturday mornings. The next one will be on Saturday April 6. This is for new community riders and Club riders looking for a more casual pace and distance along the river trail. Thanks to Pam Richardson for helping lead these ride. Come out and support her!

The Wheelmen are working with Healthy Shasta in the planning of May Love to Ride Month. Our friends Anna Blasco and Sara Sundquist from Healthy Shasta will be at our April meeting to discuss the events. We will be coordinating four bike valet parking events this year. This is a labor-intensive effort and I hope we will have a great participation from the Club. Also speaking at our April meeting will be Francie Sullivan discussing the Redding Parks and Trails Foundation. Our own Patty Shackleton is a board member of this foundation. This is a good partnership for us. Let's all try and support their events.

I would like to thank Trig Birkeland for organizing the Trifecta and the 12-ride metric century challenge. In a weak moment I said I would participate.

The Wheelmen board is seeking feedback from our membership about a possible name change for the Club. A survey was sent out via email to all members on March 4, 2024, from Craig Collins with an anonymous electronic survey. Hard copies of the survey are available at Club rides. Please contact me if you would like a hard copy. **Responses to the survey are due by March 31, 2024.**

Thanks for everyone's help keeping our club rolling along.

*President Bush*



*Pam and Julie*



# SHASTA WHEELMEN ANNUAL AWARDS BANQUET

**YOU'RE INVITED TO CELEBRATE WITH US!**

**FRIDAY, APRIL 26**

Scout Hall, Anderson River Park, 2800 Rupert Road

Doors open 5:30pm

Catered BBQ Dinner served 6:30pm

Dessert and Awards following Dinner

Dinner Menu: Tri-Tip, Chicken, (option for Veggie Burger),  
green salad, potato salad, ranchero beans, dinner roll

\*option - bring a DESSERT to share, and BYOB\*

RSVP by purchasing your meal by April 15: \$25

payment to Linda Cannar

(checks mailed to 1837 Tiburon Dr, Redding, 96003)

Questions? Call Nancy Cook (760) 217-2085

*Nancy Cook, Secretary*



## **General Membership Meeting Agenda April 1, 2024, at Lulu's 6pm**

1. Call the meeting to Order,
2. Introductions
3. Approval of minutes from prior meeting
4. Standing reports, Treasurer and Membership reports
5. Old Business
  - Ride Coordinators
  - Out of town rides
  - Trifecta
  - VP report
6. New Business
  - Club 2023 awards function
  - Shasta Wheelmen Club name
  - May Love to Ride events
7. Presentation, May Love to Ride and Redding Parks and Trails
8. Other items

## **Shasta Wheelmen General Membership Minutes March 4, 2024**

1. Call to Order by President Jim Bush – 6:01pm
2. Self-Introductions
3. Quorum – Yes - 24 members present, 3 guests
4. 'Minutes' from February 2024 General Membership Meeting as printed in the Matrix were approved by motion, Teddy, second by Patty; all in favor.
5. Standing Reports
  - A. Treasurer's Report by Lisa Creps details submitted:  
2024 budget submitted and approved by Board with changes. Changes pending and to be completed

soon.

CHECKING	Feb 2024		SAVINGS	Feb 2024	
OPENING	\$9,972.45		OPENING Balance	\$1,641.65	
INCOME	\$420.00	*	INCOME/INTEREST	\$ .01	
EXPENSES	(\$1,449.82)	**	EXPENSES	\$ -	
CLOSING	\$8,942.63		CLOSING	\$1,641.66	

\*Income: Membership Dues \$390, Donation \$30

\*\*Expenses: Club Insurance (\$1,362.50), Meeting Expense (\$43.37), Hover Domain Fee (\$16.17), Stripe Fees (\$27.78)

B. Membership Report by John Simmons:

1. 4 New Members for 2024. 7 Members dropped. Renewals contacted.
2. 144 current standing Members
3. It is possible to renew and pay for more than one year on website

6. Old Business

A. Club Awards update by Pres Jim

\*Date is Friday April 26

\*Location is Boy Scout Lodge at Anderson River Park-space reserved

\*Caterer pending

\*Linda C is handling ticket sales. Estimated cost \$30/person.

\*2025 awards will be held in February

B. Club name change update by Pres Jim

\* VP Craig has put together a survey that will be sent out after the meeting. Can respond on line or get a hard copy from Pres Jim.

\* Responses should be submitted within 30 days and 50% participation desired.

\* If majority supports a name change, further discussion and ballot to follow in Sept

C. Ride Calendar Coordinator (Rich):

\*Rich led last 100 mile ride for Trifecta challenge. Next ride planned for 3/23.

\*Joe Gazzigli Memorial Ride is 3/13 starting from Joe's old office.

\*VP Craig reminds us Weds Night Rides starts week after 3/13 Memorial ride and will accommodate different paces.

\*Annual Trifecta Challenge-commit to 3 metric centuries, 3 centuries or 3 double centuries and qualify for prizes and jerseys.

D. Out of Town Rides (John C)

\*Art of Survival 5/25-5/26, Siskiyou Scenic 5/18, Wildflower 4/28

\* John is working on Cedarville and Etna rides

E. Past President Doug reports on medical info sheets recommended by EMTs during last Member meeting.

\*Medical/Emergency contact Info will be on a unique, easily identifiable green color

\*Doug will distribute and recommends all riders carry with them on bike for fellow riders to access in an emergency. Info is private and confidential and only accessed in an emergency.

F. Patty reports on a 2/28 meeting with Redding Police Department and advised of a new program

\* Redding PD is starting a bike patrol 4/1. Asking for volunteers (10) to ride.

\*Volunteers will receive training and provided shirts by RPD.

\*Volunteers ride and observe only. They will report to a designated police sergeant after the ride.

G. Pres Jim reminder of May Love to Bike. Anna Blasco with Healthy Shasta was guest at the meeting. Bike valet needed for Earth Day and Pancake Breakfast.

7. Guest Speakers: **Zach Bonnin, Transportation Planner and Jon Caldwell, Senior Civil Engineer** from The City of Redding discussed approved and pending grant projects to add and/or improve bike lanes throughout the area.

\*4 applications this year. Partners with Caltrans and Healthy Shasta.

\*Display board for "Victor Avenue North Project" to address physical barriers to walking and biking. Designed to enhance SR 44 interchange for walking and biking. (Mistletoe to Old Alturas)

\*Victor -Hartnell to Cypress ; 10' path on west side.

\*Display board for "Low-Stress Loma Vista" to create a new off-street walking and biking connection.

\*Placer Street expansion tied up in litigation.

\*Current projects in the works now:

Trinity Street Project. Cycle track.

California Street (Division to Yuba Streets) Cycle track.

Trail to connect Placer to South St. Clean California to maintain.

Old Oregon Trail widening (Paso Robles to Bear Mtn Road)

\*Numerous streets and further discussion with questions from Club members.

\*Letters/emails from the Wheelmen with input and support for projects is helpful. John Crowe will draft a form letter for the Club.

8. Raffle winners: Rich R. and Glenda Y.

9. Adjournment at 7:32pm

*Respectfully submitted by Nancy Rudd, Matrix editor*



*Guest Speakers Zach Bonnin and Jon Caldwell from The City of Redding*

## Northern California Centuries & Fun Rides

### April

**4/6 Party Pardee: Ione.** 26 mi./1200' of climbing, 65 mi./3500' of climbing with routes through the gentle rolling hill of Amador and Calaveras counties. Includes rest stops, SAG, mechanical assistance at rest stops. Apres ride, enjoy lunch & live music at the finish. Bikehikers.com

**4/13 Bike Around the Buttes:** 20 mi., 40 mi., 70 mi., 100 mi. courses around the town of Sutter and the Buttes. Offering rest stops, SAG, and lunch after with live music. Proceeds benefit local diabetes patients. Bikearoundthebuttes.com

**4/20 Pedals n Pears:** 4 distances from easy 4 miles to challenging Royal Riviera Metric Century. Pedalsnpears.com

**4/18-4/21 Life Time Sea Otter Classic Gran Fondo:** Monterey. Test ride the latest gear from 1000+ bike brands and converse with cycling legends at the Sea Otter Expo. Race, ride or demo including gravel courses. Seaotterclassic.com

**4/28 Chico Wildflower Century:** 7 route options ranging from 12 miles to 125 miles. Pre-ride Wildfest on the 27<sup>th</sup>. Wildflowercentury.org

### May

**5/18-5/19 Siskiyou Scenic Bicycle Tour:** Upper Greenhorn Park, Yreka. Two day event. 4 paved route options (21m, 40m, 67m and 104m) and 2 gravel/gravel mix rides (39m and 62miles). Hosted by Rotary Club of Yreka & Jefferson Mountain Bike Assoc. Registration includes rest stops, SAG, end of ride meals both days, w/beer available. Camping at Greenhorn Park. www.siskiyouscenic.com






**5/25-5/26 Art of Survival Century;** Malin, OR. Embark on a journey along the Volcanic Legacy Scenic Byway through Southern Oregon and Northern California. Each rest stop offers historian led talks highlighting the cultural history, geography, environmental issues and geology of the area. Paved and gravel options 13 to 100 miles. <https://survivalcentury.com/>

### June

**6/15 Tour de Fronds:** Powers, OR 6 ride options 30-117 miles. All paved except for one route is combo gravel/paved (71 m). Sponsored by Powers Lions Club. [www.tourdefronds.com](http://www.tourdefronds.com)

**ANY ORGANIZED RIDES YOU WOULD LIKE TO SHARE WITH THE GROUP AND SEE ADDED TO THE CALENDAR? Forward information or website to Nancy Rudd [trigirlrudd@gmail.com](mailto:trigirlrudd@gmail.com)**

**FRIENDS OF THE SHASTA WHEELMEN - Show your membership card for available discounts**

<p><b>Bikes Etc.</b> 2400 Athens Ave. Redding, CA 96001</p> <p>530-244-1954</p>	
<p><b>Chain Gang Bike Shop</b> 1540 Division St Redding, CA 96001</p> <p>530-243-9951 <a href="http://chaingangbikeshop.com/">http://chaingangbikeshop.com/</a></p>	
<p><b>Jefferson State Adventure Hub 872</b> N Market St. Redding, CA 96003</p> <p>530-768-5055 <a href="http://www.jsahub.com">www.jsahub.com</a></p>	
<p><b>Pedego Redding</b> 862 N Market St. Redding, CA 96003</p> <p>530-605-4500 <a href="https://www.pedegoelectricbikes.com/dealers/redding/">https://www.pedegoelectricbikes.com/dealers/redding/</a></p>	
<p><b>Sports LTD</b> 950 Hilltop Drive Redding, CA 96003</p> <p>530-221-7333 <a href="https://www.reddingsportsltd.com">https://www.reddingsportsltd.com</a></p>	
<p><b>The Bike Shop</b> 3331 Bechelli Lane Redding, CA, 96002</p> <p>530-223-1205 <a href="https://www.thebikeshopredding.com">https://www.thebikeshopredding.com</a></p>	