



Matrix

The Official Publication of the Shasta Wheelmen Bicycle Club

To maximize the love of cycling while building a safe cycling culture for all of Shasta County

FEBRUARY 2024

This newsletter is published monthly by the Shasta Wheelmen, Inc., a Redding, California bicycle club.

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Club meetings are held on the first Monday of each month, 6:00 p.m. at Lulu's



New Years Ride





TRIFECTA

Check out the Trifecta Challenge details on the website at www.shastawheelmen.org. If you have met the challenge, please email me the details, which include date, time, and miles to be recorded as complete. Trifecta jerseys (at your cost) will be available a little later in the year.

Trig Birkeland

Trifecta Challenge Optional Courses

100 Mile A Route- Start at Anderson Outlets	https://ridewithgps.com/routes/37046369
100 Mile B Route- Start at Sundial Bridge	https://ridewithgps.com/routes/38227466
100 Mile C Route Start at Sundial Bridge	https://ridewithgps.com/routes/38227527
200 Mile A Route- Start at Sundial Bridge	https://ridewithgps.com/routes/38205168
200 Mile B Route- Start at Anderson Starbucks	https://ridewithgps.com/routes/38217610
200 Mile C Route- Start at Sundial Bridge	https://ridewithgps.com/routes/38217737

The closing date for the 2023 challenge is February 29! There is still adequate time to complete, and Rich Robinson is planning one or two opportunities for Century/Metric Century rides in February. So, pump up those tires, bundle up, and get ready to ride!

Trig Birkeland

Wheelmen Ride Leaders

Cindy Begbie	Melissa Boyd	James Bush
Linda Cannar	Craig Collins	Nancy Cook
Lisa Creps	John Crowe	Elise Doppelhauer
Teddy Doppelhauer	Scott Hamelberg	Michael Madden
Al Masterson	Richard Robinson	Patty Shackleton
John Simmons	Terri Webster	Jeff Webster
Gregory Winters	Jack Yerkes	

President's Message



Hello Wheelmen, Happy New Year!

We are having our first membership meeting on February 5, 2024. The Board has been busy discussing the direction of the club for the coming year. Our ride leaders will be putting together a variety of rides to meet the needs of all cycling abilities in the club. In addition to our standard Tuesday and Thursday rides; we will be adding longer more challenging rides for our faster riders, additional get acquainted rides for those that want a more leisurely ride, and additional out of town rides. We will be discussing the ideas at our February meeting.

John Crowe and I have met with the City of Redding to discuss planning and funding for bike lanes on city streets. We have arranged for city transportation planners to attend our March meeting. In the meantime, the City has asked us to write a letter of support for a bike lane improvement grant. Thanks to Terri Webster for making this contact.

The Board has been asked to consider changing the name of the club to a more gender-neutral name. We have decided to take a survey of club members to determine the club's opinion of the issue. This is a change that will require club discussion and every member's input during the year before any decision is made. In addition, we are discussing updating the club logo and branding. This is an attempt to improve our image in the community and the cycling community at large.

May Bike month planning is starting. The first meeting of the community working group is on January 30, 2024, followed by more meetings as we get closer to May. If you would like to help, please let us know.

Thanks everyone, please bring your ideas on rides and club activities to the general membership meeting. We are certainly going to have a busy and fun year in cycling. What is your mileage goal for 2024??? I had 3,400 miles in 2023. I am hoping for 4,000 miles this year.

See you on the Rides!

President Bush



Elises new bike



Rainy day ride



Lunch Break

Welcome 2023 New Members

Templeton	Lori	Redding
Harri	Naomi	Redding
Rouse	Jack	Redding
Freemon Sowers	Rachel	Redding
Harvey-Arrison	Colleen	Red Bluff
Murphy	Peter	Bella Vista
Vaquero	Virginia	Aptos
Alexander	Peter	Redding
Berg	Robert	Bayside
Keller	Steven	Redding
Sabo	Linda	Redding
Goodman	Louis	Hayward
Forrester	Sterling	Redding
Ritter	Gina	Shasta Lake
Arkeny	Elise	Redding
Lennon	Kevin	Redding
Smith	Vern	Redding
Crummett	Rob	Redding
Connor	Ivan	Wales
Warner	Josephine	Shasta Lake City
Pecaut	Debra	Mt Shasta
Dorken	Brad	Mt Shasta
Utterback	Dean	Corning

General Membership Meeting Agenda February 5, 2024 at Lulu's 6pm

1. Call the meeting to Order,
2. Introductions
3. Approval of minutes from prior meeting
4. Standing reports, Treasurer and Membership reports
5. Old Business
 - Ride Coordinators
 - Out of Town Rides
 - VP report
6. New Business
 - Bikes for Kids Report
 - Club 2023 awards function
 - City of Redding Bike Lane fund grants
 - Shasta Wheelmen Club name
 - Shasta Wheelmen Club logo and branding
 - Club activities for 2024
7. Meeting discussion-club member safety on rides
8. Other items

Cycling Santas



The Wheelmen took on a Christmas project for 2023 and rocked it! The Bikes for kids Program was a perfect match for the club. We partnered with Ted Blankenheim and Youth and Family Programs offering time, labor and some cash. For the past 18 years Ted has collected brand new bikes and had them distributed to local foster kids. The stories he can tell about this gifting will melt your heart.

Eighteen Wheelmen helped with bike collection, assembly and transport, donating about 130 hours. Individual Wheelmen donated \$350 and 15 bikes. In addition, the club had set aside \$705 to buy bikes allowing us to buy two Trek bikes from The Bike Shop and two bikes from Dick's. The program had its best year ever, acquiring 430 bikes. Wheelmen and friends of Wheelmen were a good part of that success!

The Wheelmen who volunteered worked selflessly, often going above expectations and apparently had fun! The following people are truly the angels among us and deserve a magnanimous THANK YOU!

- Jim Bush Transportation, assembly and worked two shifts at Starbucks.
- John Simmons Transportation, assembly and a shift at Starbucks.
- Keith Ritter Assembly, transportation and a shift at Starbucks.
- Cindy Begbie Transportation, and a shift at Starbucks.
- Lisa Creps Bought and delivered the Clubs donated bikes and a shift at Starbucks.
- Teddy Doppelhauer Three shifts at Starbucks and transportation.
- Elise Doppelhauer Three shifts at Starbucks and transportation.
- Ann Wright Shift at Starbucks.
- Nancy Rudd Shift at Starbucks.
- Doug Holt Shift at Starbucks.
- Trig Birkland Shift at Starbucks.
- Linda Cannar Shift at Starbucks.
- Kathy Hammond Shift at Starbucks.
- Bob Hammond Shift at Starbucks.
- Terri Webster Shift at Starbucks.
- Jeff Webster Shift at Starbucks.

The Starbucks on Churn Creek was the collection site Ted chose. The shifts were 4 hours each Friday and Saturday from November 25 to December 23. We collected bikes and cash donations, gave out tax forms, took photos of donors, recorded activities and made friends.

- There were also anonymous Wheelmen donors – thank you!

Of note – all of the above also contributed to or bought a bike! I was the go-between for Ted and the Wheelmen. Ted was gracious and appreciative of our work but full of surprises and spontaneously would ask for help with things. In every case, someone responded to the need.

I am truly proud to be a Shasta Wheelperson- we have talented, generous, good people and in December we **again** demonstrated a valuable contribution to our community.

Thank you Wheelmen,
Patty Shackleton



Bikes For Kids





Bikes For Kids



Alely aka Ms Santa

Northern California Centuries & Fun Rides

FEBRUARY

2/24 Pedaling Paths to Independence:

DeVinci's Delicatessen-Linden. 65 mi. w/1,500 ft. elev. gain, & 25 mi. w/300 ft. of elev. gain. The routes traverse the quiet rural roads of San Joaquin, Stanislaus, & Calaveras counties. This ride raises funds for benefit Community Center for the Blind programs.

2/24 Wheelmen Century Ride in Shasta <https://ridewithgps.com/routes/45324955>

APRIL

4/6 Party Pardee: Ione. 26 mi./1200' of climbing, 65 mi./3500' of climbing with routes through the gentle rolling hill of Amador and Calaveras counties. Includes rest stops, SAG, mechanical assistance at rest stops. Apres ride, enjoy lunch & live music at the finish. Bikehikers.com

4/13 Bike Around the Buttes: 20 mi., 40 mi., 70 mi., 100 mi. courses around the town of Sutter and the Buttes. Offering rest stops, SAG, and lunch after with live music. Proceeds benefit local diabetes patients. Bikearoundthebuttes.com

4/20 Pedals n Pears: 4 distances from easy 4 miles to challenging Royal Riviera Metric Century. Pedalsnpears.com

4/18-4/21 Life Time Sea Otter Classic Gran Fondo: Monterey. Test ride the latest gear from 1000+ bike brands and converse with cycling legends at the Sea Otter Expo. Race, ride or demo including gravel courses. Seaotterclassic.com

4/28 Chico Wildflower Century: 7 route options ranging from 12 miles to 125 miles. Pre-ride Wildfest on the 27th. Wildflowercentury.org

May

5/18-5/19 Siskiyou Scenic Bicycle Tour: Upper Greenhorn Park, Yreka. Two day event. 4 paved route options (21m, 40m, 67m and 104m) and 2 gravel/gravel mix rides (39m and 62miles). Hosted by Rotary Club of Yreka & Jefferson Mountain Bike Assoc. Registration includes rest stops, SAG, end of ride meals both days, w/beer available. Camping at Greenhorn Park. www.siskiyouscenic.com

5/25-5/26 Art of Survival Century; Malin, OR. Embark on a journey along the Volcanic Legacy Scenic Byway through Southern Oregon and Northern California. Each rest stop offers historian led talks highlighting the cultural history, geography, environmental issues and geology of the area. Paved and gravel options 13 to 100 miles. <https://survivalcentury.com/>

June

6/15 Tour de Fronds: Powers, OR 6 ride options 30-117 miles. All paved except for one route is combo gravel/paved (71 m). Sponsored by Powers Lions Club. www.tourdefronds.com

Shasta Wheelmen General Membership Minutes
DECEMBER 4, 2023
Lulu's Restaurant

1. Call to Order by President Jim Bush – meeting started at 6:11pm
2. Self-Introductions
3. Quorum – Yes - 39 members present
4. Minutes from November 2023 General Membership meeting as printed in the Matrix were motioned for approval by John S, second by Patty, all in favor.
5. Standing Reports:
 - A. Treasurer's Report month-end financials postponed to next General Membership meeting. The November report will be available upon request.
 - B. Membership Report by John Simmons:
 1. November 2023 – 1 non-renewal
 2. 26 renewals due in December, John asks to please respond to reminders
 - C. Ride Coordinator
 1. Terri gave kudos to Rich; all agree with gusto
 2. Rich states that upcoming Saturday's ride has some gravel, 32s recommended
 3. Saturday the 9th is also a 'Get Acquainted' ride of 15 miles, all invited
 4. More 'Out of Town' rides coming this Spring
 - D. VP Report: Craig not able to attend
6. Old Business: None revisited due to election and holiday party
7. New Business
 - A. 'Bikes for Kids' response to request for volunteerism and level of responsibility has "blown Patty away"! Patty states she is so tickled to be a part of the Shasta Wheelmen (aka 'Friends of Teddy' -haha)
 - *Club is buying \$1200-\$1500 worth of bikes: 2 smaller sizes from Bike Shop (\$299- their cost and they cover sales tax), and 2 larger sizes from Dick's (\$300- with 20% discount).
 - *If anyone wants to purchase from Dick's mention Shasta Wheelmen/Bikes for Kids and receive 20% discount, or you can make a cash/check donation to Youth & Family Programs
 - *Volunteer opportunity to assemble bikes (7 done so far, more to do)
 - *Distribution to Foster kids on Christmas Day by Redding Fire/Police/Paramedics
 - B. Patty presents Special Awards for those who work for the good of the Club, who are not on the Board and are ***tremendously appreciated and under acknowledged:***
 - *Nolan Randal – Website and Statistician
 - *Nancy Rudd – Matrix Editor
 - *John Simmons – Membership
 - *Richard Robinson – Ride Calendar and Ride Leader
 - *All recognize Patty for her Leadership in Special ProjectsAdditional recognitions for current Board Members:
 - *President – Jim Bush
 - *Vice President – Craig Collins
 - *Treasurer – Lisa Creps
 - *Secretary – Nancy Cook
 - *Past President – Doug Holt
 - C. Jim Bush recognizes Club accomplishments this year:
 - *Documents revised (Bylaws) and created (Ride Leader Guide, and Best Practices for Safe Cycling) and posted to the Club website

- *Many special rides coordinated and well attended
 - *Guest Speakers at General Meetings
 - D. Nomination Committee (Linda, John Crowe, Patty) recognize the current Board, and explain the election process
 - *New Board nominations presented
 - *Ballots distributed, collected, and counted
 - *New Board elected by unanimous decision:
 - President – Jim Bush
 - Vice President – Craig Collins
 - Treasurer – Lisa Creps
 - Secretary – Nancy Cook
 - E. Discussion to **CANCEL January's General Membership Meeting** as it falls on New Year's Day, January First. Rich makes motion, Dave V. seconds, all in favor.
 - 8. Holiday Party
 - *'UGLY Christmas Sweater Competition': 1st place Lisa, 2nd Keith, 3rd Pam
 - *Dessert Table – Yum!
 - *Gift Exchange by raffle ticket order
 - *Conversation, laughter, and general merriment!
- HAPPY HOLIDAYS to the SHASTA WHEELMEN BICYCLE CLUB!






- *Nancy Cook*, Club secretary



December Meeting and Holiday Celebration

The Matrix would love to include what our members have been doing on two wheels! Whether you are competing in a triathlon, completing century rides, or taking a scenic bike tour; please send in your story and a picture to Nancy Rudd for publication. (Subject to editing)

FRIENDS OF THE SHASTA WHEELMEN - Show your membership card for available discounts

<p>Bikes Etc. 2400 Athens Ave. Redding, CA 96001</p> <p>530-244-1954</p>	
<p>Chain Gang Bike Shop 1540 Division St Redding, CA 96001</p> <p>530-243-9951 http://chaingangbikeshop.com/</p>	
<p>Jefferson State Adventure Hub 872 N Market St. Redding, CA 96003</p> <p>530-768-5055 www.jsahub.com</p>	
<p>Pedego Redding 862 N Market St. Redding, CA 96003</p> <p>530-605-4500 https://www.pedegoelectricbikes.com/dealers/redding/</p>	
<p>Sports LTD 950 Hilltop Drive Redding, CA 96003</p> <p>530-221-7333 https://www.reddingsportsltd.com</p>	
<p>The Bike Shop 3331 Bechelli Lane Redding, CA, 96002</p> <p>530-223-1205 https://www.thebikeshopredding.com</p>	